

 Photo	Contact Information		
	Name: Walid Ahmed Ibrahim Abouelnaga		
	Address: Zagazig – Al-Sharqia - Egypt		
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Education/ Academic qualifications (start with your most recent education first)			
Year	School / University	Specialization	Degree
2013	Cairo university	Physical therapy for burn and surgery	Doctoral Degree of Physical Therapy (PhD)
2007	Cairo university	Physical therapy for burn and surgery	Master Degree of Physical Therapy (MSc)
1999	Cairo university	Physical therapy	Bachelor Degree
Academic Employment History (start with your most recent education first)			
From:	To:	University / Organization	Title of Position
2020	Now	Horus University	Assistant Professor
2013	2020	Cairo university	Lecturer
2007	2013	Cairo University	Assistant Lecturer
2002	2007	Cairo University	Demonstrator
Administrative Positions:			
From:	To:	University / Organization	Title of Position
2021	Now	Horus University	Vice-dean of faculty of physical therapy for community service and environmental development
2020	2021	Horus University	Head of community service and environmental development committee
2020	Now	Horus University	Chairman of department of

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			physical therapy for orthopedic
2020	Now	Horus University	Head of one of control divisions
2013	2019	Cairo University	Physical therapy research work supervisor
2002	2019	Cairo University	Supervisor in the out clinic

Teaching Experience (Courses, Language, Higher Education Only)

- 1- Teaching of Electrotherapy course, Horus University.
- 2- Teaching of physical therapy for burn and surgery course, Horus University.
- 3- Teaching of physical therapy for burn course, Cairo University.
- 4- Teaching of physical therapy for surgery course, Cairo University.
- 5- Teaching of Inhalation injury course, Diploma degree, Cairo University.
- 6- Teaching of Understanding ICU devices, Diploma degree, Cairo University.

Publications:

Identify type of publication: book, refereed article, book chapter, journal article, non-refereed paper, major report, technical reports, research funds/grants

- 1- “Effect of Circuit Weight Training on Balance in Type 2 Diabetic Polyneuropathy: A follow up Randomized Controlled Trial”, Bulletin of Faculty of Physical Therapy; 19(1), 2014.
- 2- “Effect of Early Mobilization on Pulmonary Functions Post Upper Abdominal Surgeries” Med. J. Cairo Univ.; 85 (2): 469-474, 2017.
- 3- Effect of range of motion exercises and high voltage tiny impulses electrical stimulation on functional activity of the upper limb postmastectomy. International Journal of ChemTech Research. 10(6): 1126-1132, 2017.
- 4- “Resistive exercises versus aerobic exercises on quality of life in prostate cancer patients undergoing androgen suppression therapy” International Journal of Multidisciplinary Research and Development; 5 (5): 85-89, 2018.
- 5- “Effect of radial shock wave on chronic pelvic pain syndrome/chronic prostatitis” J. Phys. Ther. Sci.; 30: 1145–1149, 2018.
- 6- “Early Intervention of Ultrasound and Active Mobilization Post-Surgical Repair of Hand Flexor Tendon Laceration” Med. J. Cairo Univ; 86 (3): 1119-1128, 2018.

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- 7- “Aerobic exercises and weight loss after bariatric surgery: (Systematic Review)” International Journal of Current Research; 10 (6): 70842-70847, 2018.
- 8- “Effect of Polarized Light Therapy on Hair Regrowth in Alopecia Areata” Med. J. Cairo Univ.; 86 (6): 2959-2965, 2018.
- 9- “Effect of Preoperative Abdominal Training on Abdominal Muscles Strength Outcomes after Ventral Hernia Repair” Med. J. Cairo Univ.; 86 (8) : 4495-4501, 2018.
- 10- Effect of Neuromuscular Electrical Stimulation Versus Pulsed Electromagnetic Field on Motor Conduction Velocity in Peripheral Burn Neuropathy. The 19th International Scientific Conference of Faculty of Physical Therapy: Physical Therapy and A Better Future for The Disabled, Cairo, Egypt, March 22-23, 2018.
- 11- Effect of The Therabite Exercises on Trismus after Head and Neck Surgery. The 19th International Scientific Conference of Faculty of Physical Therapy: Physical Therapy and A Better Future for The Disabled, Cairo, Egypt, March 22-23, 2018.
- 12- “Lidocaine iontophoresis for post mastectomy intercostobrachial neuralgia: single-blinded randomized controlled trial” Bulletin of Faculty of Physical Therapy; 24:32–39, 2019.
- 13- Effectiveness of active rehabilitation program on sports hernia: Randomized Control Trial. Annals of Rehabilitation Medicine. 43(3):305-313, 2019.
- 14- Effect of Aerobic exercise on Tumor Necrosis Factor- α Following Thermal Burn: A Randomized Clinical Trial. 2019; European Journal of Applied Sciences.
- 15- “A quasi-randomized clinical trial: virtual reality versus proprioceptive neuromuscular facilitation for prostatectomy lymphedema” Journal of the Egyptian National Cancer Institute; 29:32, 2020.

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16- “Effect of whole-body vibration training on selected breast cancer risk factors in obese postmenopausal women: A randomized controlled trial” Journal of Sport TK Revista Euroamericana De Ciencias del Dporte; 12, 2023.

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Other Relevant Experience

- **Journal Reviewing:**

- 1- Reviewer at the Journal of physiotherapy Quarterly.
- 2- Reviewer at international Journal of Therapy and Rehabilitation.

- **Scientific Thesis Supervising:**

- A- Master Thesis:**

- 1- “Efficacy of Silver Sulfadiazine Iontophoresis Versus Thymus Oil in Burn Wound Healing” , 2013.
- 2- “Efficacy of Adapalen Gel 0.1% phonophoresis in Treatment of Plantar Warts” , 2013.
- 3- “Efficacy of Laser puncture on Pain and Carbamazepine Intake in Post-herpetic Tic Douloureux” , 2014.
- 4- “Efficacy of Electrical Stimulation of Acupuncture Points in The Treatment of Post-herpetic Neuralgia” , 2014.
- 5- “Effect of Adapalene phonophoresis on Acne Vulgaris” , 2014.
- 6- “Effect of Aging on Wound Healing Treated by LASER” , 2014.
- 7- “Effect of Transcutaneous Electrical Stimulation Using Acupuncture Points on Anal Fissure Pain” , 2014.
- 8- “Effect of Low Level LASER Therapy Versus Microcurrent on Pain and Trismus Following Third Molar Surgery” , 2014.
- 9- “Body Composition Response To Selected Physical Therapy Program in Renal Transplant Patients” , 2014.
- 10- “Effect of Early Mobilization and Routine Chest Physiotherapy on Pulmonary Functions Post Upper Abdominal Surgeries” , 2014.
- 11- “Efficacy of Polarized Light on Hair Regrowth in Patients With Alopecia Areata” , 2015.
- 12- “Aerobic Exercises and Weight Loss After Bariatric Surgery: A Systematic Review” , 2015.
- 13- “Effect of Preoperative Abdominal Training on Abdominal Muscles Strength outcomes After Ventral Hernia Repair” , 2015.
- 14- “Resistive Exercises and Quality of Life in Postmastectomy Women” , 2015.
- 15- “Resistive exercises Versus Aerobic Exercises on Quality of Life in Prostate Cancer Patients Undergoing Androgen Suppression Therapy” , 2016.

- 16- Efficacy of Virtual Reality Exercises in Urinary Incontinence post Prostatectomy”, 2016.
- 17- “Effect of Therabite Exercises on Trismus after Head and Neck Surgery”, 2016.
- 18- “Effect of Range of Motion Exercises and High Voltage Electrical Stimulation on Functional Activity of The Upper Limb Postmastectomy”, 2016.
- 19- “Efficacy of Polarized Light Versus Pulsed Electromagnetic Field on Pressure Ulcer”, 2016.
- 20- “Neuromuscular Electrical Stimulation Versus Pulsed Electromagnetic Field on Motor Conduction Velocity in Peripheral Burn Neuropathy”, 2016.
- 21- “Effect of Aerobic Exercise on Tumour Necrosis Factor-Alpha Following Thermal Burn”, 2016.
- 22- “Early Intervention of Ultrasound and Active Mobilization Post Surgical Repair of Hand Flexor Tendon Laceration” , 2017.
- 23- Influence of Kinesio Tape on Peak Torque of Pectoralis Major Muscle After Modified Radical Mastectomy”, 2018.
- 24- “Efficacy of Low-Level LASER Therapy on Shoulder Pain and Disability After Neck Dissection Surgeries”, 2019.
- 25- “Transcutaneous Electrical Nerve Stimulation Versus LASER on Shoulder Performance in Living Liver Donor”, 2019.

B- Doctoral Thesis:

- 1- “Virtual Reality Versus Proprioceptive Neuromuscular Facilitation on Postmastectomy Lymphedema”, 2017.
- 2- “Exercise Interventions of Eye Muscles Post Strabismus Surgery”, 2018.
- 3- “Phonophoresis of Azelaic Acid Gel Versus Tazarotene Gel in Treatment of Acne Vulgaris”, 2019.

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